

Managing HVAC in High Performance Buildings



Hello my name is....

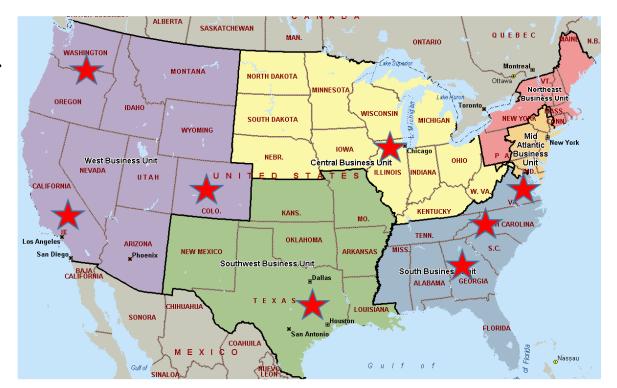
- Performance Construction Manager, Mitsubishi Electric Trane HVAC
- Former Director of Construction, Habitat for Humanity of Catawba Valley
- Former Sustainable Building Specialist, Habitat for Humanity International
- Licensed General Contractor
- HERS Rater
- EEBA Board Member





Performance Construction Team

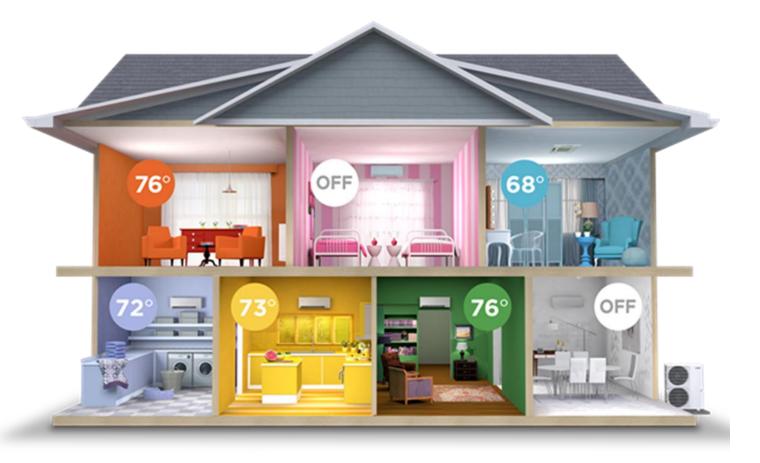
- Chad Gillespie, Senior Manager
- Rob Howard, Southeast Regional Mgr
 - Scott Simmons, Virginia
 - David Paschall, Georgia
- Mike Schaefer, Central
- Kimberly Llewellyn, Southwest
- Shawn LeMons, Colorado
- Ken Johnson, California
- Greg Davenport, Northwest





Performance Construction Priorities

- Comfort
 - Individual room control
 - Quiet operation
- Health
 - Ductless (or less duct)
 - Filtration
 - Ventilation
 - Dehumidification
- Efficiency
 - Variable Refrigerant Flow
 - Inverter compressor



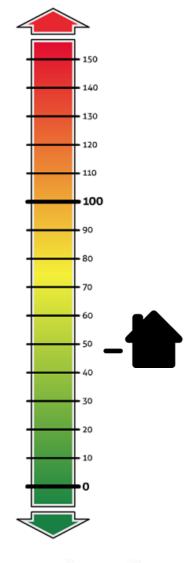


Performance Construction Goals

- Energy code compliance
- ERI performance path
- HERS score



Climates	2015 IECC HERS Index Scores
Zone 1 — 2	52
Zone 3	51
Zone 4	54
Zone 5	55
Zone 6	54
Zone 7 — 8	53





Performanc

- Certification Prog
 - ENERGY STAR
 - EPA Indoor airP
 - DOE Zero Energ

IEC End

- Passive House
- Net-Zero

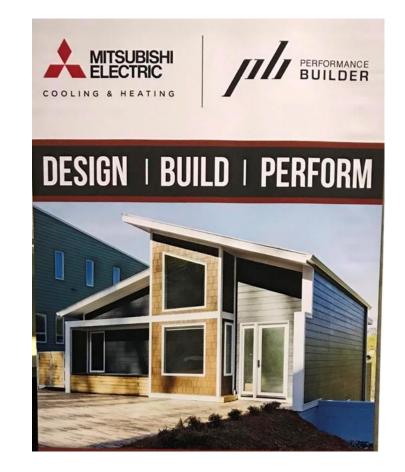
ce Construction Goals					Source Zero Renew- able Energy System	
					Balanced Ventilation HRV/ERV	Balanced Ventilation HRV/ERV
ograms			SOLAR READY Depends on climate	SOLAR READY ALWAYS	SOLAR READY ALWAYS	
			Eff. Comps. & H2O Distrib	Eff. Comps. & H ₂ O Distrib	Eff. Comps. & H ₂ O Distrib	
PLUS				EPA Indoor Air Pacakge	EPA Indoor Air Pacakge	EPA Indoor Air Pacakge
	gy Ready			Ducts in Condit. Space	Ducts in Condit. Space	Ducts in Condit. Space
		HVAC QI w/WHV	HVAC QI w/WHV	HVAC QI w/WHV	Micro-load HVAC QI	Micro-load HVAC QI
		Water Management	Water Management	Water Management	Water Management	Water Management
		Independent Verification	Independent Verification	Independent Verification	Independent Verification	Independent Verification
CC 2009 nclosure	IECC 2012 Enclosure	IECC 2009 Enclosure	IECC 2012 Enclosure	IECC 2012/15 Encl./ES Win.	Ultra-Efficient Enclosure	Ultra-Efficient Enclosure
HERS 85-90	HERS 70-80	HERS 65-75	HERS 55-65	HERS 48-55	HERS 35-45	HERS < 0
IECC 2009	IECC 2012	ENERGY STAR v3	ENERGY STAR v3.1	ZERO ZERH	PHIUS PHIUS+	+C PHIUS+ SourceZero



RFORMANCE

Performance Construction Process

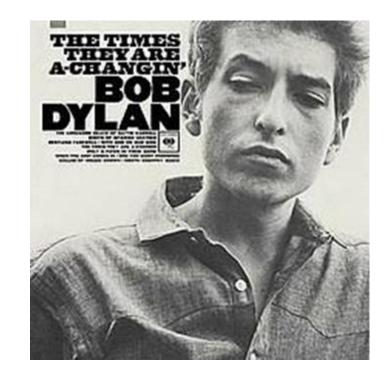
- Design
 - Do the math!
- Build
 - Quality installation
- Perform
 - Commission
 - Monitor
 - Maintain





Changes impacting HVAC Design

- Energy Codes
 - All new homes are tighter and better insulated
 - Mechanical ventilation is now required
 - How do we deal with ventilation loads?
- Load Profiles
 - Peak Loads vs Partial Loads
 - Sensible Heat Ratios
 - Equipment Selection
- Climate
 - Is the weather data in our energy models accurate?





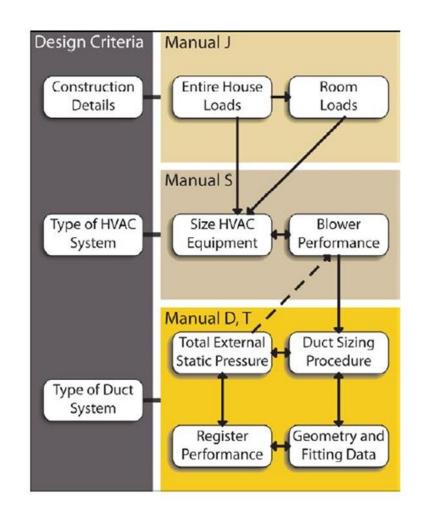
Good News: some things have not changed



PERFORMANCE BUILDER

Residential HVAC Design Process

- Manual J
- Manual S
- Manual D
- Manual T
- Manual DHP?
- Manual LLH





Low Load Homes

- High Performance Homes have extremely low sensible loads (1000-1500 square feet/ton)
- Latent loads remain fairly constant
- Partial load runtime has increased
- HVAC equipment selection is more difficult
- Mechanical ventilation is now required
- How do we handle the ventilation load?
- Supplemental dehumidification may be required







Issues With Oversizing

• What is the problem with oversized HVAC equipment?



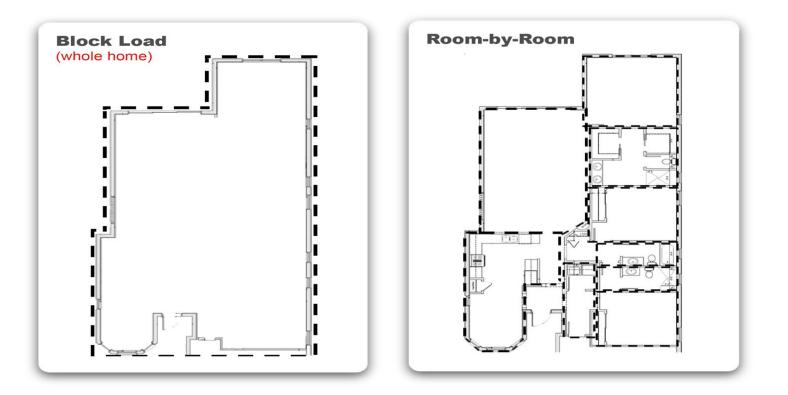
Photo courtesy of Energy Vanguard





HVAC Design Without Borders

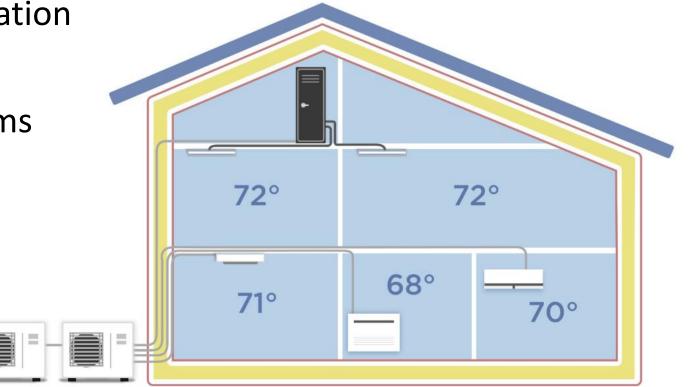
- Tear Down the Walls
- Interior walls divide us and make HVAC design really challenging





Designing with Ductless

- Room by room load calculation
- Creating comfort zones
- What about small bedrooms and bathrooms?





Ductless Options

- Floor mount
- Wall mount
- Ceiling mount









Air Distribution Strategies

- Exhaust fans (-)
- Transfer fans (+)
- Inline fans (+)











Mechanical Ventilation

- Exhaust fans (-)
- Supply fans (+)
- ERV or HRV (+/-)









Whole House Filtration

- MERV 13 or HEPA
- 150-240 CFM Fan
- Supply and Return





Horizontal Ducted

- Low static (SEZ)
- Mid static (PEAD)











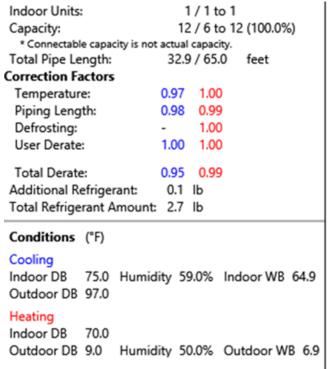


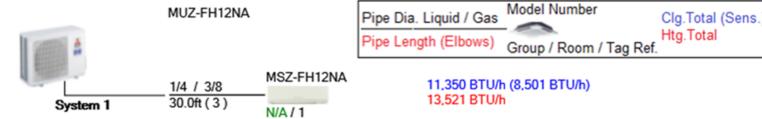
mylinkdrive.com





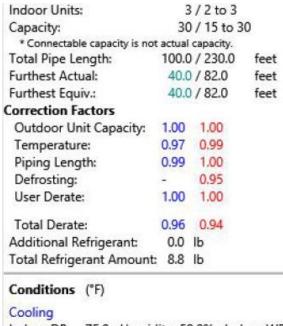
Diamond System Builder







Diamond System Builder



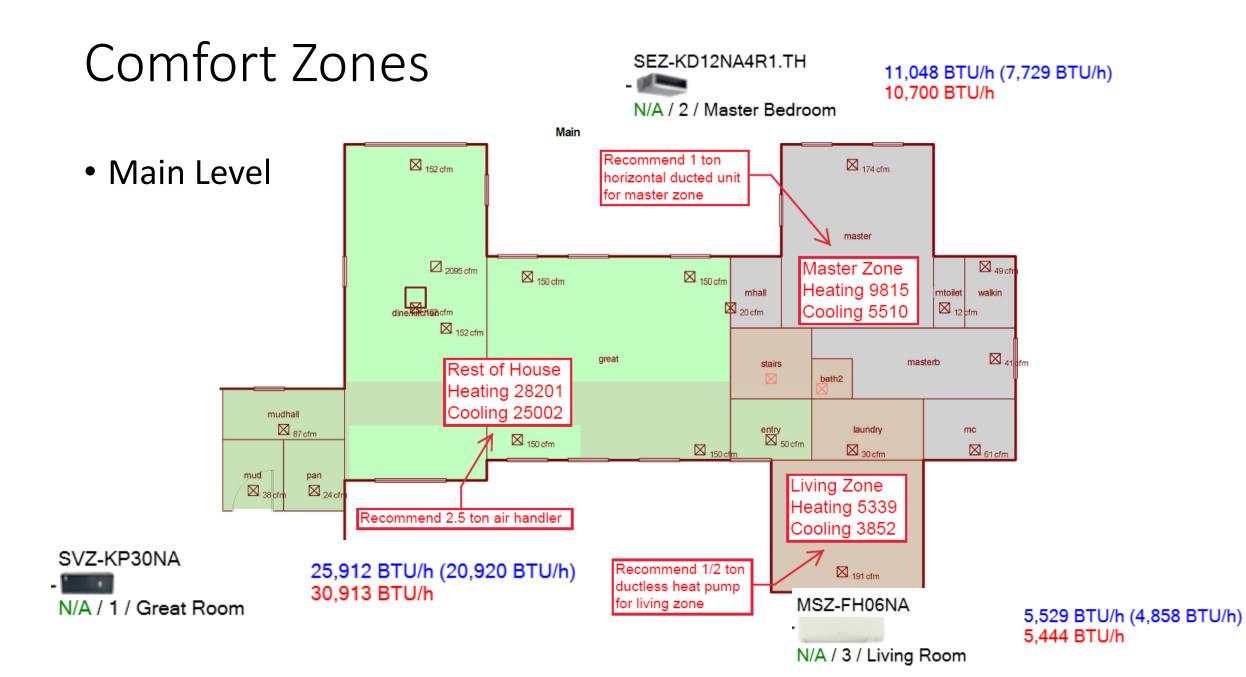


Indoor DB 75.0 Humidity 59.0% Indoor WB 64.9 Outdoor DB 95.0

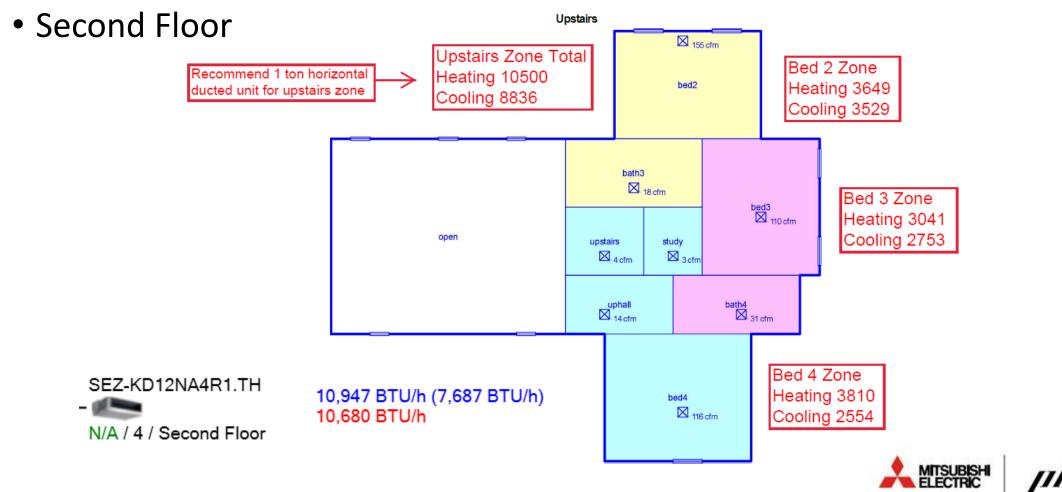
Heating

Indoor DB 70.0 Outdoor DB 21.0 Humidity 72.8% Outdoor WB 19.3





Comfort Zones



COOLING & HEATING

PERFORMANCE BUILDER

Zoned Comfort Solutions

- Customized comfort
- Healthy Indoor Air Quality
- Multiple points of filtration
- Mechanical ventilation
- Moisture management
- Controls integration
- Energy efficiency for lower utility bills





Performance Builder Program

- Loyalty program for builders including:
 - Training and technical assistance
 - Marketing support (case studies, spotlight videos)
 - Equipment discounts and rebates
 - Model home program
 - Extended warranty program





Performance Contractors Wanted

- We are seeking Performance Contractors for design, installation, and commissioning of Zoned Comfort Solutions in high performance homes
- Our team will provide the training and technical support to help you succeed





What's in it for builders?

- No ducts = no duct leakage + no duct testing
- Lower HERS scores
- Energy code compliance
- Certification goals
- Fewer call backs
- Happy customers





2019 Housing Innovation Awards





 Layout: 3 bdrm, 2 bath, 1 fl, 1,160 ft² · Climate: IECC 4A, mixed-humid Completed: January 2019 · Category: affordable

MODELED PERFORMANCE DATA · HERS Index: without PV 40

 Annual Energy Costs: without PV Annual Energy Cost Savings: (vs)

Annual Energy Savings: without PV

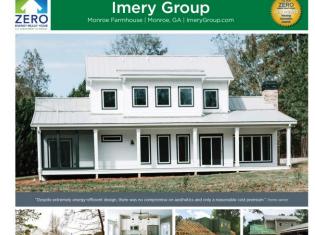
Dorok Ross Derek@habitatcatawbayalley.org

ENERGY Energy Efficiency & Renewable Energy



• Energy Management System: Programmable thermostat. Other: 3-ft doors and hallways low-VOC paint. Green Guard rabinets and flooring, passive

radon vent, IBHS Fortified Home Bronze-level features. For more information on the DOE Zero Energy Ready Home program, go to http://energy.gov/eere/buil energy-ready-home or scan the GR code.





· Layout: 3 bdrm, 3 ba

· Climate: IECC 3A, mi

Completed: October

Category: custom bu

HERS Index: without

Annual Energy Costs

Annual Energy Cost

typical new homes) v \$1,050; with PV \$2,15

Annual Energy Savin

8,200 kWh: with PV

Savings in the First 30

limery@imerygroup

ENERGY Energy Efficiency & Renewable Energy

Luis Imery 770-294-1014

1.863 ft2

ath, 1.5 fls,	 Walls: 2x4 24 in. o.c., staggered on 2x6 plates; advanced framing; R-24 total: ½" drywall, R-21 cellulose; R-3 taped coated OSB sheathing, ½" rigid rainscreen, fiber cement cladding.
ixed-humid r 2018	 Roof: Gable roof; ½" drywall, taped coated OSB sheathing, flashing, 1x4 furring strips, standing seam metal roof, ENERGY STAR Cool Roof certified.
uyer	 Attic: Vented attic, 15.5" R-50 blown cellulose, 6" R-21 open-cell spray foam on rim bands and knee walls, 8" to 10" raised energy heels.
PV 46; with	 Foundation: Raised slab 8" concrete-filled CMU stem wall, compacted dirt base, 4" #57 stone, " R-10 rigid foam under slab and on perimeter, poly taped at seams, 4" concrete slab.
s: without	Windows: Triple-pane, argon-filled, low-e2, vinyl casement frames, U=0.19, SHGC=0.23. Air Sealing: 2.69 ACH 50.
Savings: (vs without PV 50	 Ventilation: ERV with humidity sensor, MERV 8 filters, condensation sensors on bath fans. HVAC: 3 ductless mini-split heat pumps to 1 outside compressor, 1 ducted mini-split to 2nd compressor shared with a split-system water heater, 10 HSPF, 20 SER; dehumidifier.
ngs: without PV 19,500 kWh	 Hot Water: Prototype split-system 80 gal. heat pump water heater shares HVAC outdoor condenser, est. EF=3.5; compact plumbing with PEX piping.
0 Years: \$91,600	Lighting: 90% LED, 10% CFL, motion sensors and timers.
	· Appliances: ENERGY STAR refrigerator, dishwasher, ceiling fans, and bath fans.
	 Solar: 8.2-kW PV system; inverter can disconnect from grid, battery storage.
	· Water Conservation: WaterSense-labeled fixtures, drought-resistant landscaping.
.com	Energy Management System: Internet connected appliances, HVAC, PV tracking. Other: Wider doors, zero thresholds in bathroom, low-to-no-VOC products.









· Walls: 2x6 24" o.c. advanced framing, R-24 total: %" drywall, 5.5" unfaced fiberglass batt, Layout: 3 bdrm, 2 bath, 1 fl, 1,759 ft² 5/10 plywood sheathing, 1" R-5 XPS, rigid foam, draining house wrap, fiber cement lap

Solar: 6.5-kW PV system.

· Climate: IECC 4A, mixed-humid siding; wall panels built in factory powered by renewable energy. Completed: February 2019 Roof: Vaulted asymmetrical roof with clerestory windows %" drywall, open web trusses Category: custom for buyer MODELED PERFORMANCE DATA Attic: Unvented, vaulted cellings; 8" R-30 open-cell spray foam under roof decking. • HERS Index: without PV 45; with PV 0 • Foundation: Slab on grade; 2" R-10 XPS at slab edge; termite inspection gap. · Annual Energy Costs: without · Windows: Double-pane, argon-filled, low-e3, fiberglass double-hung, U=0.27, SHGC=0.21. • Air Sealing: 1.44 ACH 50. Annual Energy Cost Savings: (vs · Ventilation: Independently ducted HRV, also exhausts guest bath. typical new homes) without PV \$900; with PV \$1,750 HVAC: Combination ducted ductless mini-split heat pump, 10.7 HSPF, 17.45 SEER, 2 indoor air handlers; electric baseboard back-up. MERV 8 filters at return grills in bedroom:

Annual Energy Savings: without PV 9.200 kWh; with PV 17,450 kWh · Hot Water: Heat pump water heater, 3.69 EF, 50-gal.; push button recirculation pump. Savings in the First 30 Years: \$74,500 • Lighting: 100% LED, daylighting. Appliances: ENERGY STAR refrigerator, dishwasher, clothes washer, and ceiling fans.

Leigha Dickens 828-253-0483



labeled carpet, KCMA-certified cabinetry, Green Guard-labeled flooring For more information on the DOE Zero Energy Ready Home rogram, go to http://energy.gov/eere/bui nergy-ready-home or scan the QR code.

heat pump water heater, dishwasher, and range; PV monitoring system.

Water Conservation: EPA WaterSense fixtures and toilets; two 50-gal. rain barrels.

Energy Management System: Wi-Fi-enabled thermostat remotely controls mini-splits,

Other: No-step entries, 3-ft doors. Zero-VOC interior paints and primers, Green Seal-





Thank you!

Rob Howard, Regional Manager, Performance Construction rhoward@hvac.mea.com

Save the dates for next year:



